

1

00:00:00,000 --> 00:00:07,640

I've been around for a while.

2

00:00:07,640 --> 00:00:09,480

Met some interesting people.

3

00:00:09,480 --> 00:00:11,840

Done some crazy things.

4

00:00:11,840 --> 00:00:17,880

See, you just might think that there's not much that can take me by surprise.

5

00:00:17,880 --> 00:00:21,720

You'd be wrong.

6

00:00:22,720 --> 00:00:27,720

The world is full of stories,

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00:00:27,720 --> 00:00:31,720

science and things that amaze and confound me.

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00:00:31,720 --> 00:00:34,720

Every single day, incredible mystery is that keep me awake at night.

9

00:00:34,720 --> 00:00:36,720

Some I can answer.

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00:00:36,720 --> 00:00:41,720

Ah, there's just... stuffy logic.

11

00:00:41,720 --> 00:00:43,720

Do ghosts exist?

12

00:00:43,720 --> 00:00:48,720

Should we fear the paranormal?

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00:00:48,720 --> 00:00:53,720

In California, a woman is terrorized by an invisible attacker.

14

00:00:53,720 --> 00:00:56,720

Is she the victim of a genuine haunting?

15

00:00:56,720 --> 00:01:01,720

Forget the silly movies that are out there. This is real.

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00:01:01,720 --> 00:01:07,720

In New England, the mother undergoes a violent transformation.

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00:01:07,720 --> 00:01:09,720

Has she been possessed by a demon?

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00:01:09,720 --> 00:01:15,720

It'll make a cold chill go up your spine.

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00:01:15,720 --> 00:01:19,720

And a British teenager claims to see ghosts.

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00:01:19,720 --> 00:01:22,720

Does she have the gift?

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00:01:22,720 --> 00:01:25,720

Not the fear. It was uncontrollable.

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00:01:25,720 --> 00:01:29,720

Yeah, it's a weird world.

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00:01:29,720 --> 00:01:31,720

And I love it.

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00:01:46,720 --> 00:01:50,720

Have you ever seen a ghost

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00:01:50,720 --> 00:01:54,720

where 90 million North Americans claim to have done just that,

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00:01:54,720 --> 00:02:01,720

and 40 million others say they have physically experienced a paranormal event?

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00:02:01,720 --> 00:02:04,720

Many of these events are easily explained,

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00:02:04,720 --> 00:02:09,720

but some are not only weird and inexplicable, most disturbing of all,

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00:02:09,720 --> 00:02:14,720

they seem to be evidence of pure evil.

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00:02:14,720 --> 00:02:17,720

Do ghosts exist?

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00:02:17,720 --> 00:02:18,720

And what are they anyway?

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00:02:18,720 --> 00:02:20,720

Is the paranormal something we should fear?

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00:02:20,720 --> 00:02:26,720

Or is it simply...

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00:02:26,720 --> 00:02:30,720

hogwash?

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00:02:30,720 --> 00:02:35,720

August 8th, 1989.

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00:02:35,720 --> 00:02:38,720

Barry Tafe, one of the world's leading paranormal investigators,

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00:02:38,720 --> 00:02:43,720

responds to the call of a distressed woman in San Pedro, California.

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00:02:43,720 --> 00:02:48,720

He brings along a colleague, photographer Jeff Weigrant.

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00:02:48,720 --> 00:02:52,720

After 5,000 cases, you go out expecting nothing to happen.

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00:02:52,720 --> 00:02:56,720

And most of the time, that's exactly what does occur. Nothing.

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00:02:56,720 --> 00:02:59,720

The terrified woman is Jackie Hernandez,

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00:02:59,720 --> 00:03:03,720

a single mother who claims that someone or something

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00:03:03,720 --> 00:03:06,720

has turned her home into a living hell.

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00:03:06,720 --> 00:03:12,720

She reported apparitions of an old man, strange lights.

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00:03:12,720 --> 00:03:14,720

Some of you try to smother her a couple of times.

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00:03:14,720 --> 00:03:18,720

Things were flying at her. It was extraordinary.

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00:03:18,720 --> 00:03:21,720

But perhaps most chilling on several occasions,

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00:03:21,720 --> 00:03:26,720

Jackie claims to have seen a corpse in her son's bed.

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00:03:26,720 --> 00:03:30,720

Injury? The ghost hunters decide to look around.

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00:03:30,720 --> 00:03:32,720

I have this attitude where I'm very skeptical,

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00:03:32,720 --> 00:03:35,720

because you know that a lot of people embellish and exaggerate

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00:03:35,720 --> 00:03:38,720

and misrepresent what's going on.

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00:03:38,720 --> 00:03:43,720

But in Jackie's house, they find something unexpected

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00:03:43,720 --> 00:03:47,720

and very weird.

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00:03:47,720 --> 00:03:49,720

We were taking pictures all over the house,

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00:03:49,720 --> 00:03:52,720

and we saw the strange liquid, I don't know what,

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00:03:52,720 --> 00:03:57,720

viscous liquid dripping out of a wall.

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00:03:57,720 --> 00:04:00,720

Unable to explain the weird slide,

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00:04:00,720 --> 00:04:03,720

Taff is now convinced Jackie is not faking anything

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00:04:03,720 --> 00:04:07,720

and real paranormal activity is occurring in her home.

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00:04:07,720 --> 00:04:11,720

They take samples and promised return,

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00:04:11,720 --> 00:04:15,720

but just three days later, another call.

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00:04:15,720 --> 00:04:20,720

This time, it's an emergency.

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00:04:20,720 --> 00:04:24,720

Whatever is in Jackie's house is on a rampage.

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00:04:24,720 --> 00:04:27,720

The physical attacks have become so violent and severe,

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00:04:27,720 --> 00:04:32,720

she fears for her life.

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00:04:32,720 --> 00:04:35,720

I was unavailable because my father had a heart attack,

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00:04:35,720 --> 00:04:38,720

so they were there without me.

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00:04:38,720 --> 00:04:43,720

Jackie reports the evil entity is now in her attic.

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00:04:43,720 --> 00:04:46,720

It has been tormenting her with strange lights

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00:04:46,720 --> 00:04:50,720

and ear-shattering banging.

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00:04:50,720 --> 00:04:53,720

Jeff and Gary decide to investigate.

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00:04:53,720 --> 00:04:57,720

Nothing could prepare them for what they find.

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00:04:57,720 --> 00:05:02,720

They hear, oh, like a yell or moan, and Gary turned back.

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00:05:02,720 --> 00:05:04,720

This is what happened to Jeff,

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00:05:04,720 --> 00:05:07,720

and he couldn't see, it was too dark in the attic.

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00:05:07,720 --> 00:05:11,720

Despite his terror, Gary snaps some photos in the darkness.

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00:05:11,720 --> 00:05:15,720

What they reveal will haunt them forever.

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00:05:15,720 --> 00:05:19,720

You can see that Jeff, a six-foot-two man, about 215 pounds,

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00:05:19,720 --> 00:05:22,720

something has wrapped itself around his neck,

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00:05:22,720 --> 00:05:25,720

and it's pulling him up against the rafter.

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00:05:25,720 --> 00:05:27,720

And yet, there was no one there.

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00:05:27,720 --> 00:05:29,720

It was Jeff and Gary.

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00:05:29,720 --> 00:05:33,720

And he'd cut him down, hit a rope, burn it in his neck,

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00:05:33,720 --> 00:05:35,720

and would have killed him.

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00:05:35,720 --> 00:05:37,720

The question is, there was no one else there,

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00:05:37,720 --> 00:05:42,720

so what tried to kill him, how and why?

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00:05:42,720 --> 00:05:46,720

Something had tried to murder Jeff Wheatcraft.

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00:05:46,720 --> 00:05:48,720

The investigators leave the house

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00:05:48,720 --> 00:05:53,720

only to make another chilling discovery.

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00:05:53,720 --> 00:05:57,720

The forensic lab report on the ooze from Jackie's wounds

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00:05:57,720 --> 00:05:59,720

is in.

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00:05:59,720 --> 00:06:03,720

The conclusion was, it was human blood claspings.

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00:06:03,720 --> 00:06:06,720

That's something you will lose sleep over, literally.

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00:06:06,720 --> 00:06:10,720

Jackie's story became known as the San Pedro Haunting,

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00:06:10,720 --> 00:06:15,720

one of the most mysterious paranormal events in history.

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00:06:15,720 --> 00:06:19,720

But what really happened?

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00:06:19,720 --> 00:06:23,720

Javier Ortega is a paranormal researcher.

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00:06:23,720 --> 00:06:26,720

He has no doubt.

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00:06:26,720 --> 00:06:29,720

The Jacky Ortega case is a very extreme case of a haunting.

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00:06:29,720 --> 00:06:32,720

It's usually the spirit of a deceased person,

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00:06:32,720 --> 00:06:34,720

the homeowner that passed away in that house,

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00:06:34,720 --> 00:06:36,720

and they were so attached to a physical object or location

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00:06:36,720 --> 00:06:38,720

that they come back.

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00:06:38,720 --> 00:06:40,720

During the investigation of the Jacky Ortega case,

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00:06:40,720 --> 00:06:43,720

she reported that her and some friends were playing with the Ouija board,

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00:06:43,720 --> 00:06:47,720

and they were able to talk with the spirit in the house.

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00:06:47,720 --> 00:06:51,720

And the spirit had told them that he was a marine that was murdered.

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00:06:51,720 --> 00:06:53,720

So they went out and they did some research,

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00:06:53,720 --> 00:06:56,720

and they found out that there was a marine named Herman Hendrickson

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00:06:56,720 --> 00:06:59,720

who was found dead in 1930.

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00:06:59,720 --> 00:07:02,720

A lot of the things that were reported were apparitions,

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00:07:02,720 --> 00:07:05,720

you know, whether it was a disembodied head floating in the attic

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00:07:05,720 --> 00:07:10,720

or a corpse-like old man sitting in her child's bed.

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00:07:10,720 --> 00:07:16,720

She also reported seeing strange lights that were described as globs of luminous light.

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00:07:16,720 --> 00:07:20,720

Free-floating globs of light having reported in haunted places as well.

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00:07:20,720 --> 00:07:23,720

But for Ortega, the most compelling evidence of a haunting

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00:07:23,720 --> 00:07:29,720

is that mysterious goo Barry and Jeff found oozing from Jacky's walls.

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00:07:29,720 --> 00:07:34,720

I mean, it just sounds so bizarre, you know, that you have human blood plasma oozing from the walls.

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00:07:34,720 --> 00:07:40,720

And when they checked, there wasn't any device that, you know, that was emitting this substance.

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00:07:40,720 --> 00:07:46,720

Was the marine so angry about being murdered that he bled through Jacky's walls?

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00:07:46,720 --> 00:07:52,720

Incredibly, Ortega thinks Jacky wasn't the only victim.

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00:07:52,720 --> 00:07:55,720

When Jacky Hernandez left the premise, people who inhabited that home

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00:07:55,720 --> 00:07:58,720

had also reported strange activities.

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00:07:58,720 --> 00:08:02,720

They reported objects being moved around, pots and pans being moved around,

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00:08:02,720 --> 00:08:05,720

and they reported being touched.

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00:08:05,720 --> 00:08:07,720

What an incredible story.

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00:08:07,720 --> 00:08:11,720

You know, I mean, strange things happen around my house too,

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00:08:11,720 --> 00:08:14,720

but once I say I'm sorry, everything's forgiven.

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00:08:14,720 --> 00:08:20,720

But human blood dripping from walls and the spirit that is so angry it tries to kill you,

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00:08:20,720 --> 00:08:26,720

I mean, who are they gonna call? Ghostbusters?

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00:08:26,720 --> 00:08:29,720

I've always wanted to say that.

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00:08:30,720 --> 00:08:33,720

A terrified woman reports extreme paranormal events in her home.

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00:08:33,720 --> 00:08:36,720

Weird lights, strange noises, even physical attacks.

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00:08:36,720 --> 00:08:40,720

Did Jacky Hernandez live in a haunted house?

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00:08:40,720 --> 00:08:44,720

It does not appear that the house would fit the classic haunting.

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00:08:44,720 --> 00:08:48,720

Lloyd Auerbach is a paranormal investigator.

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00:08:48,720 --> 00:08:52,720

He believes the answer isn't ghosts at all.

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00:08:52,720 --> 00:08:54,720

Knowing what I'm about to know about the Jacky Hernandez case,

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00:08:54,720 --> 00:08:58,720

it seemed that she herself was a poltergeist agent.

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00:08:58,720 --> 00:09:02,720

Poltergeists? Isn't that just a hyperactive ghost?

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00:09:02,720 --> 00:09:04,720

Or is there a difference?

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00:09:04,720 --> 00:09:07,720

What we learned in the last hundred years is that these things relate typically

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00:09:07,720 --> 00:09:11,720

not to ghost sightings, not to hauntings per se,

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00:09:11,720 --> 00:09:15,720

not to a place being haunted, but to a person, an individual in this situation

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00:09:15,720 --> 00:09:18,720

who is typically stressed or otherwise put upon.

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00:09:18,720 --> 00:09:22,720

There's possibly epileptic, we're having epileptic type activity.

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00:09:22,720 --> 00:09:24,720

It's about a third perhaps of the cases.

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00:09:24,720 --> 00:09:29,720

And the expression instead of by an entity is by the entity in the body.

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00:09:29,720 --> 00:09:34,720

It's by a person's unconscious blowing off steam or having a seizure essentially.

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00:09:34,720 --> 00:09:36,720

It's kind of like a seizure in some of these people as well.

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00:09:36,720 --> 00:09:38,720

But it's not a ghost related situation.

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00:09:38,720 --> 00:09:41,720

Many now believe poltergeists are not ghosts,

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00:09:41,720 --> 00:09:45,720

but a manifestation of something called psychokinesis.

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00:09:45,720 --> 00:09:47,720

We call it PK for short.

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00:09:47,720 --> 00:09:51,720

And it's the idea that the mind can directly interact or affect matter and energy.

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00:09:51,720 --> 00:09:55,720

We typically think of it in the paranormal world as affecting things outside your body,

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00:09:55,720 --> 00:09:57,720

whether it be moving objects, what people often call psychokinesis,

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00:09:57,720 --> 00:10:00,720

or bending metal, or even healing.

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00:10:00,720 --> 00:10:04,720

Was Jacky Hernandez herself causing the weird phenomenon in her own house?

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00:10:04,720 --> 00:10:06,720

If so, why?

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00:10:06,720 --> 00:10:08,720

And for that matter, how?

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00:10:08,720 --> 00:10:12,720

Certain people, their unconscious minds, let loose.

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00:10:12,720 --> 00:10:17,720

We see people who are stressed out, who are put upon in society,

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00:10:17,720 --> 00:10:19,720

really expressing that stress in different ways.

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00:10:19,720 --> 00:10:22,720

Some people get enraged and they bring things.

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00:10:22,720 --> 00:10:24,720

Some people shoot people.

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00:10:24,720 --> 00:10:29,720

Some people keep it bottled up and it can explode in kind of a different direction

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00:10:29,720 --> 00:10:32,720

for certain individuals, which is a psychokinetic direction.

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00:10:32,720 --> 00:10:35,720

When we call those situations where they're stressed,

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00:10:35,720 --> 00:10:37,720

they think of it as an unconscious temper tantrum,

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00:10:37,720 --> 00:10:40,720

is happening outside themselves and just throwing things around,

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00:10:40,720 --> 00:10:44,720

probably like they'd like to do if they actually physically could do it.

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00:10:44,720 --> 00:10:48,720

But by having their unconscious thrown things around, who's going to get blamed?

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00:10:48,720 --> 00:10:50,720

The invisible force, the invisible ghost,

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00:10:50,720 --> 00:10:52,720

certainly not the person who's stressed out.

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00:10:52,720 --> 00:10:55,720

When we talk about the stress involved in these PK events,

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00:10:55,720 --> 00:10:57,720

which are often called poltergeist cases,

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00:10:57,720 --> 00:11:01,720

we're not talking about typical stress of, you know, just day-to-day stress,

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00:11:01,720 --> 00:11:05,720

sitting in traffic, being frustrated because your computer couldn't work,

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00:11:05,720 --> 00:11:08,720

which may actually be related back to the PK.

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00:11:08,720 --> 00:11:11,720

Those kinds of stresses do show in small ways sometimes,

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00:11:11,720 --> 00:11:15,720

but they can again come out in a lot of different ways, for example, road rage,

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00:11:15,720 --> 00:11:18,720

or people just screaming at the driver across, you know, the way without acting on it.

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00:11:18,720 --> 00:11:22,720

You release that stress. People have other ways of doing it.

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00:11:22,720 --> 00:11:26,720

In poltergeist cases, the stresses tend to be very psychologically oriented

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00:11:26,720 --> 00:11:28,720

in most of these cases.

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00:11:28,720 --> 00:11:31,720

So they can be related to deep-seated issues around the family

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00:11:31,720 --> 00:11:33,720

or even around the working conditions.

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00:11:33,720 --> 00:11:36,720

They are typically not expressed in other ways.

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00:11:36,720 --> 00:11:38,720

So there's no outlet for most of these people.

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00:11:38,720 --> 00:11:42,720

Was Jackie's unconscious mind throwing a temper tantrum?

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00:11:42,720 --> 00:11:44,720

And if so, why?

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00:11:44,720 --> 00:11:49,720

It could be due to the fact she was experiencing emotional issues at the time

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00:11:49,720 --> 00:11:51,720

following a difficult divorce.

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00:11:51,720 --> 00:11:55,720

There was enough going on in her life and frankly enough psychological issues

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00:11:55,720 --> 00:11:59,720

that would indicate that she was responsible for most of the phenomena that was happening.

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00:11:59,720 --> 00:12:04,720

In most poltergeist cases, people rarely ever think of themselves as the agent.

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00:12:04,720 --> 00:12:09,720

According to Auerbach, the most compelling argument that Jackie was both the victim

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00:12:09,720 --> 00:12:15,720

and the problem is what happened when she moved 600 kilometers away.

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00:12:15,720 --> 00:12:21,720

Incredibly, the vicious paranormal attacks on her continued.

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00:12:22,720 --> 00:12:26,720

In poltergeist cases, when people move, the phenomena follows them

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00:12:26,720 --> 00:12:28,720

because it's coming from them.

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00:12:28,720 --> 00:12:30,720

And that also happened in that particular case.

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00:12:30,720 --> 00:12:37,720

But if Jackie was her own poltergeist, how is it that the new tenants also reported paranormal attacks?

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00:12:37,720 --> 00:12:42,720

Could it be that Jackie herself was responsible for the weird goings on?

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00:12:42,720 --> 00:12:47,720

Or were they the result of an altogether different kind of bad vibe?

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00:12:48,720 --> 00:12:53,720

Professor John Huntington believes the Jackie Hernandez case can be explained by

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00:12:53,720 --> 00:12:58,720

unprotectable audio waves known as infrasound.

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00:12:58,720 --> 00:13:01,720

Sound is just the vibration in air pressure.

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00:13:01,720 --> 00:13:04,720

That's how we perceive it. That's how it gets into your ear.

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00:13:04,720 --> 00:13:09,720

Infrasound is below the range that we can hear as an audible sound.

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00:13:09,720 --> 00:13:14,720

But we're still being affected by the sound wave is still impinging on our bodies.

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00:13:14,720 --> 00:13:22,720

In fact, right now in the room we have a pretty loud 19 hertz, 19 cycle per second infrasound wave going.

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00:13:22,720 --> 00:13:25,720

But it's not really audible as a sound.

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00:13:25,720 --> 00:13:31,720

And it's quite a bit louder than the level of the speech that I'm talking about right now.

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00:13:31,720 --> 00:13:38,720

But it's still there and it's still affecting us, it's still pressurizing the air that I'm breathing, that I'm speaking.

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00:13:38,720 --> 00:13:42,720

Human ears can't detect ultra low frequencies.

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00:13:42,720 --> 00:13:45,720

If it's below 20 hertz, you can't hear it.

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00:13:45,720 --> 00:13:49,720

But other than our own bodies, what might cause these low frequencies?

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00:13:49,720 --> 00:13:55,720

Man-made sources of infrasound could be anything from a piece of air handling equipment in a building,

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00:13:55,720 --> 00:14:02,720

anything like a train, a truck, anything that's big stuff that's moving could generate these very low, low frequency sounds.

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00:14:02,720 --> 00:14:11,720

Incredibly, Huntington believes low frequency sound waves could have caused Jackie Hernandez's unpleasant experiences.

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00:14:12,720 --> 00:14:17,720

So in addition to things like headaches and nausea being caused by exposure to infrasound,

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00:14:17,720 --> 00:14:25,720

there have been some reports of feeling a presence or some sort of hallucination or feeling like strange things are going on in the room.

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00:14:25,720 --> 00:14:32,720

A lot of that was documented by two researchers at Coventry University, Tandy and Lawrence in the late 90s.

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00:14:32,720 --> 00:14:36,720

They were working in a space, sort of an underground space as I understand it.

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00:14:37,720 --> 00:14:40,720

And they had all kinds of just strange experiences.

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00:14:40,720 --> 00:14:44,720

People would think that somebody was standing next to them and when there wasn't anybody in the room,

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00:14:44,720 --> 00:14:49,720

they'd be feeling alone and felt like there was a presence in the room and there wasn't anybody else there.

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00:14:49,720 --> 00:14:53,720

All kinds of strange experiences happening in this one space.

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00:14:53,720 --> 00:15:02,720

And this would build up, of course, would build up anxiety having these sort of constant, sort of strange experiences.

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00:15:02,720 --> 00:15:09,720

And then one of the researchers brought a fencing foil into the room to work on and clamped it into a vise and it started moving on its own.

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00:15:09,720 --> 00:15:14,720

And it was sort of flopping up and down at both ends where it wasn't secured in the vise.

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00:15:14,720 --> 00:15:20,720

That led the Tandy and Lawrence to research this and they ended up doing some acoustical measurements in the room

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00:15:20,720 --> 00:15:28,720

and found that a piece of air handling equipment was causing a very loud 19-cycle per second infrasound sound wave in the room.

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00:15:28,720 --> 00:15:36,720

And in addition, the physical geometry of the space was causing that sound wave to build up in certain locations in the lab.

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00:15:36,720 --> 00:15:41,720

Can infrasound exposure mimic the experience of a haunting?

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00:15:41,720 --> 00:15:48,720

In infrasound, it could possibly cause something like a hallucination or an aphorition or some other things like that

240

00:15:48,720 --> 00:15:52,720

based on the vibration of the sound wave actually affecting the eye.

241

00:15:52,720 --> 00:16:02,720

The eye itself could resonate or get a very strong sort of vibration and that could cause a boring vision or possible issues around the periphery division.

242

00:16:02,720 --> 00:16:12,720

Those things coupled with already being in sort of a spooky location, being on edge by the infrasound, could certainly cause some sort of ghostly experiences.

243

00:16:12,720 --> 00:16:17,720

Was Jackie's home haunted or was she her own poltergeist?

244

00:16:17,720 --> 00:16:23,720

Whatever the answer, this story is certainly weird.

245

00:16:23,720 --> 00:16:25,720

What?

246

00:16:25,720 --> 00:16:43,720

A Connecticut housewife is tortured from within. Has she been possessed by an evil spirit?

247

00:16:43,720 --> 00:16:46,720

Demons like to attack good people.

248

00:16:46,720 --> 00:16:55,720

Many of us have experienced events that we would call paranormal, but in fact are just things that are harmless and easily explained.

249

00:16:55,720 --> 00:17:03,720

But what is the paranormal and does it exist? Even the name is a little, well, weird and scary.

250

00:17:03,720 --> 00:17:06,720

Here's the way it's described in the dictionary.

251

00:17:06,720 --> 00:17:12,720

Paranormal, a claim to currents of an event without scientific explanation.

252

00:17:16,720 --> 00:17:21,720

As psychokinesis.

253

00:17:25,720 --> 00:17:32,720

Extrasensory perception of other purportedly supernatural phenomena.

254

00:17:32,720 --> 00:17:35,720

Alright guys, come on, that's it.

255

00:17:35,720 --> 00:17:43,720

You can fool some... oh boy, oh boy.

256

00:17:43,720 --> 00:17:54,720

But some people experience paranormal events that are real, so real in fact they're deadly, weird, or what?

257

00:17:54,720 --> 00:18:03,720

History professor John Kerner studies reports of paranormal activity. None have haunted him more than the story of Patricia Redding.

258

00:18:03,720 --> 00:18:11,720

They all count she was a good person. I mean, there's nothing you can see in her past that would indicate why this happens to her.

259

00:18:11,720 --> 00:18:16,720

In 1992, Patricia's life took a terrifying turn.

260

00:18:16,720 --> 00:18:24,720

Doing chores around her home in Litchfield, Connecticut, she suddenly hears a terrifying voice.

261

00:18:24,720 --> 00:18:33,720

She felt what she thought was an evil presence that was around her. There was nothing that could explain this.

262

00:18:33,720 --> 00:18:39,720

Patricia tries to brush it off, but the eerie voice won't stop, ever.

263

00:18:40,720 --> 00:18:47,720

It's the beginning of a horrifying ordeal.

264

00:18:47,720 --> 00:18:50,720

The situation got much, much worse.

265

00:18:50,720 --> 00:18:54,720

I had a number of things that were happening to her that were very unusual.

266

00:18:54,720 --> 00:19:00,720

There were bite marks on the back of her neck, bruises on the back of her body, things she could not do by herself.

267

00:19:00,720 --> 00:19:08,720

What could be inflicting Patricia's vicious bruises and other injuries? It's a frightening and bizarre mystery.

268

00:19:08,720 --> 00:19:11,720

Devastated and disturbed, she seeks help.

269

00:19:11,720 --> 00:19:16,720

The family took Patricia Redding to the hospital, to local doctors.

270

00:19:16,720 --> 00:19:20,720

They ruled out all the conditions that could possibly be affecting her.

271

00:19:20,720 --> 00:19:28,720

With no medical explanation, Patricia resorts to hoping her problems will simply go away.

272

00:19:28,720 --> 00:19:33,720

But then things started getting much worse after that.

273

00:19:33,720 --> 00:19:38,720

She was knocked over. Horribly, if she did not know what is happening.

274

00:19:38,720 --> 00:19:43,720

Again, the seemingly evil presence hurls her into the wall.

275

00:19:43,720 --> 00:19:48,720

These are things that never could happen to Pat Redding in a normal situation.

276

00:19:48,720 --> 00:19:52,720

She is not herself. She's becoming someone else.

277

00:19:53,720 --> 00:19:59,720

Fearing for her safety, Patricia has only one place to turn.

278

00:19:59,720 --> 00:20:02,720

At that point, the Catholic Church got involved.

279

00:20:02,720 --> 00:20:10,720

Patricia's bishop takes her claims seriously. After an examination, he reaches an incredible conclusion.

280

00:20:10,720 --> 00:20:14,720

They make the diagnosis, yes, she is possessed.

281

00:20:14,720 --> 00:20:17,720

Demons like to attack good people.

282

00:20:17,720 --> 00:20:23,720

There's only one solution. An ancient ritual as old as the church itself.

283

00:20:23,720 --> 00:20:28,720

The bishop decides he will perform an exorcism.

284

00:20:28,720 --> 00:20:34,720

He called upon a demon to reveal himself and say who you are, reveal yourself, in the name of Jesus Christ.

285

00:20:34,720 --> 00:20:38,720

Almost every religion really believes in evil in some form or another.

286

00:20:38,720 --> 00:20:45,720

But the difference with the Catholic Church is that the Catholic Church believes evil is actually a physical manifestation in this world.

287

00:20:45,720 --> 00:20:47,720

It's such as a concept.

288

00:20:47,720 --> 00:20:53,720

At first, the demon stays hidden, but not for long.

289

00:21:01,720 --> 00:21:05,720

She was speaking in a language she could not speak in normally.

290

00:21:05,720 --> 00:21:10,720

From insult to priest insult to his family. Things that she never would have done alone.

291

00:21:10,720 --> 00:21:15,720

These are pretty clear signs you're dealing with the evil entity inside the person's body.

292

00:21:15,720 --> 00:21:20,720

Having forced the demon into the open, the real battle begins.

293

00:21:20,720 --> 00:21:24,720

Things like holy objects, this often can enter the demon.

294

00:21:24,720 --> 00:21:32,720

These are tools in a war that can cause them to be so upset, the words of Christ makes them so angry.

295

00:21:32,720 --> 00:21:36,720

So it has to be said over and over again. It's a war of attrition.

296

00:21:36,720 --> 00:21:38,720

The battle rages for hours.

297

00:21:40,720 --> 00:21:43,720

At long last, something breaks.

298

00:21:43,720 --> 00:21:48,720

The demons, they're so upset that they can't take this any longer and they'll go somewhere else.

299

00:21:48,720 --> 00:21:51,720

They'll go bother somebody else.

300

00:21:51,720 --> 00:21:55,720

The exhausting battle ends with the demons on the run.

301

00:21:55,720 --> 00:21:58,720

But before long they're back.

302

00:21:58,720 --> 00:22:03,720

Evil is real. It can affect someone in some formal ways.

303

00:22:03,720 --> 00:22:06,720

Sadly, Patricia runs out of time.

304

00:22:06,720 --> 00:22:14,720

After 16 exorcisms, in 2005 she dies of cancer, believed to be caused by her demons.

305

00:22:16,720 --> 00:22:22,720

Christopher Ross is a psychologist. He says he knows exactly what happened to Patricia Redding.

306

00:22:22,720 --> 00:22:29,720

Coming from a religious perspective you might assume that this must be a demonic presence.

307

00:22:29,720 --> 00:22:34,720

But as a psychologist, my diagnosis would be dissociative identity disorder.

308

00:22:34,720 --> 00:22:44,720

Better known as a split personality, disassociative identity disorder is when two or more personalities inhabit one mind.

309

00:22:46,720 --> 00:22:50,720

An abusive childhood can sometimes cause such a psychological break.

310

00:22:50,720 --> 00:22:53,720

One personality becomes the happy face the person in the world sees.

311

00:22:53,720 --> 00:22:58,720

The other deals with all the hidden pain, shame and suffering.

312

00:22:58,720 --> 00:23:02,720

The primary personality is unaware of the other personality.

313

00:23:02,720 --> 00:23:07,720

They may hear voices and have these sort of signs but they don't know what it's about.

314

00:23:08,720 --> 00:23:13,720

Can psychology explain the power of an exorcism?

315

00:23:13,720 --> 00:23:19,720

After the exorcism, the individual experiences complete and sudden remission of their symptoms.

316

00:23:19,720 --> 00:23:23,720

And of course that's considered to prove positive that the demon has been removed.

317

00:23:23,720 --> 00:23:31,720

An alternative way of looking at that however is that the prayer, the ritual is in fact to serve to rearrange these separate identities.

318

00:23:31,720 --> 00:23:37,720

Such that they have receded from the host's awareness. They don't hear the voice anymore.

319

00:23:38,720 --> 00:23:45,720

Then what I experience having with some patients is that maybe weeks or months later the voice has come back.

320

00:23:46,720 --> 00:23:53,720

Everything I'm saying here is in no way meant to malign the value of religious spiritual care.

321

00:23:55,720 --> 00:24:01,720

But there are some psychological ways of understanding these experiences that really should be taken into account.

322

00:24:04,720 --> 00:24:10,720

Demonic possession. Ordinary people suddenly possessed by nasty entity.

323

00:24:10,720 --> 00:24:11,720

Ring a bell?

324

00:24:11,720 --> 00:24:15,720

Well, you know, I've seen all the movies. Omen, One, Two, Three, The Exorcist a lot.

325

00:24:15,720 --> 00:24:20,720

And guess what? Not only do they not scare me, but I don't believe them.

326

00:24:28,720 --> 00:24:35,720

I mean, just because it gets a little stormy doesn't mean the devil is on his way to take over his soul, does it?

327

00:24:36,720 --> 00:24:43,720

Yeah, that's for all that other ridiculous stuff like twisting heads, speaking in strange tongues.

328

00:24:53,720 --> 00:24:56,720

Is demonic possession all in our heads?

329

00:24:58,720 --> 00:25:01,720

Or is there a more frightening answer?

330

00:25:02,720 --> 00:25:06,720

Reverend Bob Larson is not your average man of God.

331

00:25:07,720 --> 00:25:10,720

I am among other things, an exorcist.

332

00:25:11,720 --> 00:25:15,720

Larson has studied Patricia Redding's possession and is convinced it was real.

333

00:25:17,720 --> 00:25:24,720

There are those who would like to have the public believe that demonic possession is rare.

334

00:25:25,720 --> 00:25:31,720

I can tell you, it's not rare. It'll make a cold chill go up your spine.

335

00:25:34,720 --> 00:25:41,720

Are demons really all around us? Are they trying to take over the bodies of innocent humans?

336

00:25:43,720 --> 00:25:50,720

The Bible teaches that when Satan was cast out of heaven, a third of the angels involved in that insurrection were cast out with him.

337

00:25:51,720 --> 00:25:58,720

According to the book of Revelation, when Satan lost his war with God, he and his followers were banished to the spirit realm on Earth.

338

00:25:59,720 --> 00:26:13,720

Satan is now an invisible spirit being. Satan can't pull the trigger of a gun, but what Satan can do is invade human bodies, and those people then become the instruments of evil.

339

00:26:14,720 --> 00:26:17,720

Larson believes demonic possession has a firm basis in Scripture.

340

00:26:18,720 --> 00:26:23,720

He's also certain that Patricia's condition wasn't the case of split personality.

341

00:26:24,720 --> 00:26:29,720

I deal a lot with multiple personality disorder. I know the difference.

342

00:26:30,720 --> 00:26:41,720

When you see the demon have such utter hatred for God and religious objects such as the cross, that aversion means it's something more than psychosis.

343

00:26:42,720 --> 00:26:44,720

That's when you know they are possessed.

344

00:26:45,720 --> 00:26:50,720

But there's one thing Larson believes is the ultimate proof of demonic presence.

345

00:26:52,720 --> 00:26:57,720

In the Pat reading case, she apparently spoke in another language. I've seen this happen thousands and thousands of times.

346

00:26:58,720 --> 00:27:07,720

I had a woman speak Chinese one time. I had a fascinating case where a strange language was being spoken in a college professor with a PhD in ancient Semitic languages.

347

00:27:07,720 --> 00:27:12,720

He said, I can come up and tell you exactly what the voice was saying. And he did.

348

00:27:13,720 --> 00:27:18,720

And the voice was speaking about his possession of the person and how it was determined to destroy them.

349

00:27:19,720 --> 00:27:23,720

Now this was a PhD college professor who was giving testimony to it.

350

00:27:24,720 --> 00:27:35,720

Could these four even forgot the languages prove that Satan is carrying on an age-old war by invading the bodies of humans?

351

00:27:36,720 --> 00:27:44,720

To the skeptics who may not believe in demonic possession, I say, travel with me and meet the thousands of people who have had exorcisms.

352

00:27:45,720 --> 00:27:57,720

When you see the smile and the glow on the person's face as they say to you, wow, I didn't know I could feel like this. Something is gone. That's why I do exorcisms.

353

00:27:58,720 --> 00:28:05,720

I don't know about you, but stories of ghosts and the paranormal send shivers up my spine. That's kind of fun, right?

354

00:28:06,720 --> 00:28:12,720

But do spirits or ghosts or whatever they are always have to be evil? Aren't there any friendly dead people out there? I hope so.

355

00:28:13,720 --> 00:28:19,720

But there's some people who not only enjoy having ghosts around, they can talk to them whenever they like. How?

356

00:28:20,720 --> 00:28:22,720

They've got the gift.

357

00:28:22,720 --> 00:28:29,720

In just about every way, Faye Jackson is an average teenage girl.

358

00:28:30,720 --> 00:28:33,720

I like to shop and just hang out with my friends.

359

00:28:34,720 --> 00:28:43,720

While Faye's life appears to be ordinary in truth, she and her family are dealing with something so sensitive. They've chosen to conceal their appearance.

360

00:28:43,720 --> 00:28:50,720

Although it has become part of everyday life for us, it is still at times frightening.

361

00:28:51,720 --> 00:28:54,720

Faye's story began three years ago when she was 10.

362

00:28:56,720 --> 00:29:04,720

I was sitting in my bedroom on my own. I could feel a man sitting next to me.

363

00:29:07,720 --> 00:29:10,720

She could feel like an energy, like a presence next to her.

364

00:29:13,720 --> 00:29:16,720

And I could just feel his breath in my ear when it was all warm.

365

00:29:18,720 --> 00:29:20,720

And then she heard him whispering in the hurry.

366

00:29:21,720 --> 00:29:22,720

Can you hear me?

367

00:29:22,720 --> 00:29:23,720

Can you hear me?

368

00:29:23,720 --> 00:29:24,720

Can you hear me?

369

00:29:24,720 --> 00:29:25,720

Can you hear me?

370

00:29:28,720 --> 00:29:29,720

Faye races to her mom.

371

00:29:31,720 --> 00:29:36,720

Like the fear, it was uncontrollable. It was unexplainable.

372

00:29:38,720 --> 00:29:42,720

The child was absolutely terrified and I was scared for her to be honest.

373

00:29:43,720 --> 00:29:46,720

When Lynn takes her daughter back to the room, the man is gone.

374

00:29:49,720 --> 00:29:52,720

But Faye is in no doubt as to what she's experienced.

375

00:29:53,720 --> 00:29:54,720

I saw my first ghost.

376

00:29:55,720 --> 00:29:58,720

Terrifyingly, Faye's encounter was just the beginning.

377

00:30:00,720 --> 00:30:02,720

The spirit started regularly visiting me.

378

00:30:03,720 --> 00:30:09,720

They'd only come when I was on my own. And when they did, just random spirits were walking to my bedroom.

379

00:30:10,720 --> 00:30:16,720

Faye is haunted by hundreds of ghosts. Sometimes she sees as many as five a night.

380

00:30:18,720 --> 00:30:21,720

Sometimes I just want to show her how they died, which is a little bit...

381

00:30:22,720 --> 00:30:24,720

...acquirement times and she's only 13.

382

00:30:25,720 --> 00:30:27,720

The ghosts begin getting bolder.

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00:30:30,720 --> 00:30:34,720

There was an incident when her bed was shook, which completely terrified me.

384

00:30:35,720 --> 00:30:42,720

I just felt like I was being attacked. It was horrible. It felt really dangerous and I felt like I was on my own.

385

00:30:44,720 --> 00:30:46,720

That was when I knew we had to do something about it.

386

00:30:49,720 --> 00:30:51,720

At her wit's end, Lynn seeks professional advice.

387

00:30:53,720 --> 00:30:57,720

We got lots of help from local mediums who understood what was happening.

388

00:30:58,720 --> 00:31:00,720

Far from seeing it as something frightening, the mediums tell them...

389

00:31:00,720 --> 00:31:06,720

...Faye's ability to see and connect with the dead is a gift and a very rare one at that.

390

00:31:07,720 --> 00:31:15,720

They taught Faye techniques that she could use to take more of a control over her gift and to see it as a gift, really.

391

00:31:17,720 --> 00:31:26,720

With the help of psychic mediums, the support of her mother and lots of hard work, Faye finally mastered her gift.

392

00:31:27,720 --> 00:31:36,720

It's like I have two lives. I live one life where I'm just a normal girl and then other times I can talk to spirits.

393

00:31:37,720 --> 00:31:39,720

So it's really quite exciting.

394

00:31:43,720 --> 00:31:44,720

I see dead people.

395

00:31:46,720 --> 00:31:50,720

That's something else I've always wanted to say, but I can't because I don't. Well, not when I'm sober anyway.

396

00:31:50,720 --> 00:31:59,720

But incredibly, it may be because I'm an adult. You see, Faye isn't alone. Millions of other children see dead people too.

397

00:32:00,720 --> 00:32:12,720

How? Do they possess a special power, a sixth sense, and is it a gift or a curse? Weird. Or what?

398

00:32:13,720 --> 00:32:20,720

Thirteen-year-old Faye Jackson claims she can see ghosts. Do children possess the gift?

399

00:32:21,720 --> 00:32:29,720

Who better to ask about children who see ghosts than Karen Goode, author of *Children Who See Ghosts*?

400

00:32:30,720 --> 00:32:37,720

To discover that children see ghosts and talk with ghosts, to me it was exciting.

401

00:32:38,720 --> 00:32:46,720

After more than 25 years researching the special abilities of young minds, Goode has reached an incredible conclusion.

402

00:32:47,720 --> 00:32:54,720

Children are more predisposed to see ghosts than adults are, primarily because of their brain power.

403

00:32:55,720 --> 00:33:03,720

The sixth sense begins to develop in children between the ages of 18 months, all the way up through five to six years.

404

00:33:03,720 --> 00:33:09,720

And the reason is because their brain is going through a tremendous growth spurt.

405

00:33:10,720 --> 00:33:16,720

We've all heard of the sixth sense, but what is it? What does it do that your other five can't?

406

00:33:17,720 --> 00:33:25,720

When I discuss with a parent, for example, what is the sixth sense? I explain it to a parent as being intuitive intelligence.

407

00:33:26,720 --> 00:33:32,720

Some people have a heightened intuition, particularly sensitive children.

408

00:33:33,720 --> 00:33:39,720

We call them sensitive because they may be sensitive to the feelings of someone who might be ill.

409

00:33:40,720 --> 00:33:48,720

Or one child that I'm aware of used to tell me about he would know a car accident when his mom was driving.

410

00:33:48,720 --> 00:33:54,720

He would get nauseated and it always correlated for him with a nearby car accident.

411

00:33:55,720 --> 00:34:03,720

So I think that a sixth sense involves feeling and intuition and it could involve heightened sensitivities.

412

00:34:04,720 --> 00:34:15,720

But where does this sixth sense come from? Is it a gift only bestowed on some? Remarkably, Goode believes it's an ability that's within us all.

413

00:34:15,720 --> 00:34:23,720

The pineal gland is located within the brain, which actually regulates light within our body.

414

00:34:24,720 --> 00:34:28,720

I believe the pineal gland can be a doorway to the sixth sense.

415

00:34:29,720 --> 00:34:37,720

But if we all have the ability to access our sixth sense, why do so few children maintain this power into adulthood?

416

00:34:37,720 --> 00:34:50,720

Does the hormones change? Children go through brainwave shifts, mood shifts, and that's the time logic develops.

417

00:34:51,720 --> 00:34:55,720

And children may turn away from their intuition, their feelings.

418

00:34:56,720 --> 00:35:04,720

If children have not been encouraged in their imagination, in their conversations, and sixth sense development,

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00:35:04,720 --> 00:35:07,720

it can shut down when cognition sets in.

420

00:35:08,720 --> 00:35:20,720

Psychic Jack Rourke is an expert in parapsychology. Experience has taught him that a far more mundane explanation may be at work or rather at home.

421

00:35:22,720 --> 00:35:28,720

There is a phenomenon called parentizing, where in essence there's a bit of a role reversal,

422

00:35:28,720 --> 00:35:35,720

where a child can sometimes become the caretaker of the parent or become the mirror to the parent.

423

00:35:36,720 --> 00:35:43,720

Rourke believes that through parentizing, children can be actively encouraged to say they see ghosts.

424

00:35:44,720 --> 00:35:51,720

The more positive reinforcement a child gets from their parent, that they are special, that they are extra sensitive,

425

00:35:52,720 --> 00:35:58,720

that they have special empathic or intuitive abilities, the more the child then believes they're psychic.

426

00:35:59,720 --> 00:36:01,720

And I'll give you an example of how this is done.

427

00:36:02,720 --> 00:36:08,720

A child wakes up in the middle of the night from a horrible dream and is talking about ghosts, chasing them, things like this.

428

00:36:10,720 --> 00:36:13,720

You come in as the parent and say, no, you're wrong, that didn't happen.

429

00:36:14,720 --> 00:36:18,720

You lose the ability to comfort the child because they've been made wrong.

430

00:36:19,720 --> 00:36:24,720

Now I go into the room, same scenario, and I say, oh, you saw a ghost, didn't you?

431

00:36:25,720 --> 00:36:27,720

Yes. This is how it's done.

432

00:36:28,720 --> 00:36:35,720

But why would a child like Faye go along with the idea of seeing ghosts? What's in it for her?

433

00:36:36,720 --> 00:36:42,720

The specialness of the child in these circumstances gives the child permission to commiserate with the parent.

434

00:36:42,720 --> 00:36:46,720

They become their emotional partner. They go to activities together.

435

00:36:46,720 --> 00:36:52,720

They may go to certain psychic functions. And this unique relationship becomes a reward to the child.

436

00:36:53,720 --> 00:36:59,720

And in order to maintain that closeness with their parent, they have to maintain the psychic

identity.

437

00:37:00,720 --> 00:37:03,720

For the parent, this also gives them passive means to control the child.

438

00:37:04,720 --> 00:37:10,720

And also what I've witnessed is a way to slow down their development and prolong their childhood.

439

00:37:11,720 --> 00:37:13,720

So this is an interesting thing. One of the things that we look at.

440

00:37:14,720 --> 00:37:18,720

Now, why per se a child might have a specific experience?

441

00:37:19,720 --> 00:37:22,720

It could be biological. It could be an environmental reason.

442

00:37:23,720 --> 00:37:26,720

It could just be an ordinary bad dream.

443

00:37:27,720 --> 00:37:30,720

Can you hear me? Can you hear me? Can you hear me? Can you hear me?

444

00:37:31,720 --> 00:37:36,720

Are children who see ghosts merely playing out of fantasy with the encouragement of their parents?

445

00:37:37,720 --> 00:37:39,720

Is there nothing special about them at all?

446

00:37:39,720 --> 00:37:43,720

Does the gift exist in children of all?

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00:37:44,720 --> 00:37:49,720

Thousands of children across the globe claim they can see dead people.

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Do they have an extra special sense known as the gift?

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Paranormal investigator Joshua P. Warren believes there could be a medical explanation for this phenomenon.

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A person like Faye may be capable of seeing ghosts because she has some physiological advantage and her eyeballs themselves.

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Could Faye's eye have powers the rest of ours don't?

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Warren believes her secret may be that she sees light differently.

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Right now, all the data that we have indicates ghosts are more visible in the infrared realm.

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Some of the best ghost images I've seen have been captured using infrared technology.

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Could Faye be seeing ghosts that are all around us? Ghosts that most of us miss because we can't

see infrared?

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The average person can only see a relatively narrow band of light from usually around green to red.

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Faye might be able to see a little bit more than the rest of us.

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Scientists call the range of light the visible spectrum, although most of us know it as the colors of the rainbow.

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00:39:12,720 --> 00:39:18,720

But what if Faye was somehow able to literally see what the rest of us can't?

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In the human eye, there are two primary types of cells. You've got the rod cells and the cone cells.

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Rod cells are used for nighttime vision, but they can't see color.

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Then you have the cone cells, which respond very quickly and they see color.

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If Faye has more of those rod or cone cells, especially the cones, that alone might allow her to see a broader range of light.

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The range of colors and frequencies than the average person.

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Her eyes physiologically allow her to peer deeper into the infrared or ultraviolet realms.

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Incredibly, Warren also believes the eye might not just explain Faye's story, but also why children on average report seeing more ghosts than adults.

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As a person ages, the components of the eye become more and more dense.

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In extreme cases, they can become very cloudy and form a cataract.

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So the older you get, the less you're able to see when it comes to this band of frequencies.

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Children are not only able to see a wider range of frequencies,

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00:40:34,720 --> 00:40:39,720

but they also should have an open mind and open awareness.

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They have not been structured so much yet into a belief system and into a task-driven day-to-day routine that gives us tunnel vision as adults.

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As children, they still have a wider awareness and perception of what's around them and the willingness to acknowledge honestly what they see.

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Could Faye and other children like her really be able to see into the infrared world of ghosts?

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Does she have a sixth sense?

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Or is Faye just a needy kid who wanted her mother's attention and approval?

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We may never know.

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00:41:25,720 --> 00:41:26,720

Weird.

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00:41:27,720 --> 00:41:28,720

Or want.

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So there we have it. Ghost stories from around the world.

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The Californian woman's home plays host to one of the most terrifying paranormal events on record.

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00:41:56,720 --> 00:42:03,720

In New England, a woman is possessed by an evil spirit so strong even the Catholic Church fails to defeat it.

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00:42:05,720 --> 00:42:14,720

An emerged teenager can see and talk to ghosts. Is she proof that some children have the gift?

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00:42:16,720 --> 00:42:19,720

Are these bizarre stories evidence that ghosts exist?

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Can we see comfort in rational explanations or do we ignore them at our peril?

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You decide.

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00:42:29,720 --> 00:42:36,720

Join me again next time for more stories that will undoubtedly be weird or want.